

# Using Public Policies to Promote Walking, Cycling, and Public Transport

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<http://policy.rutgers.edu/faculty/pucher/>



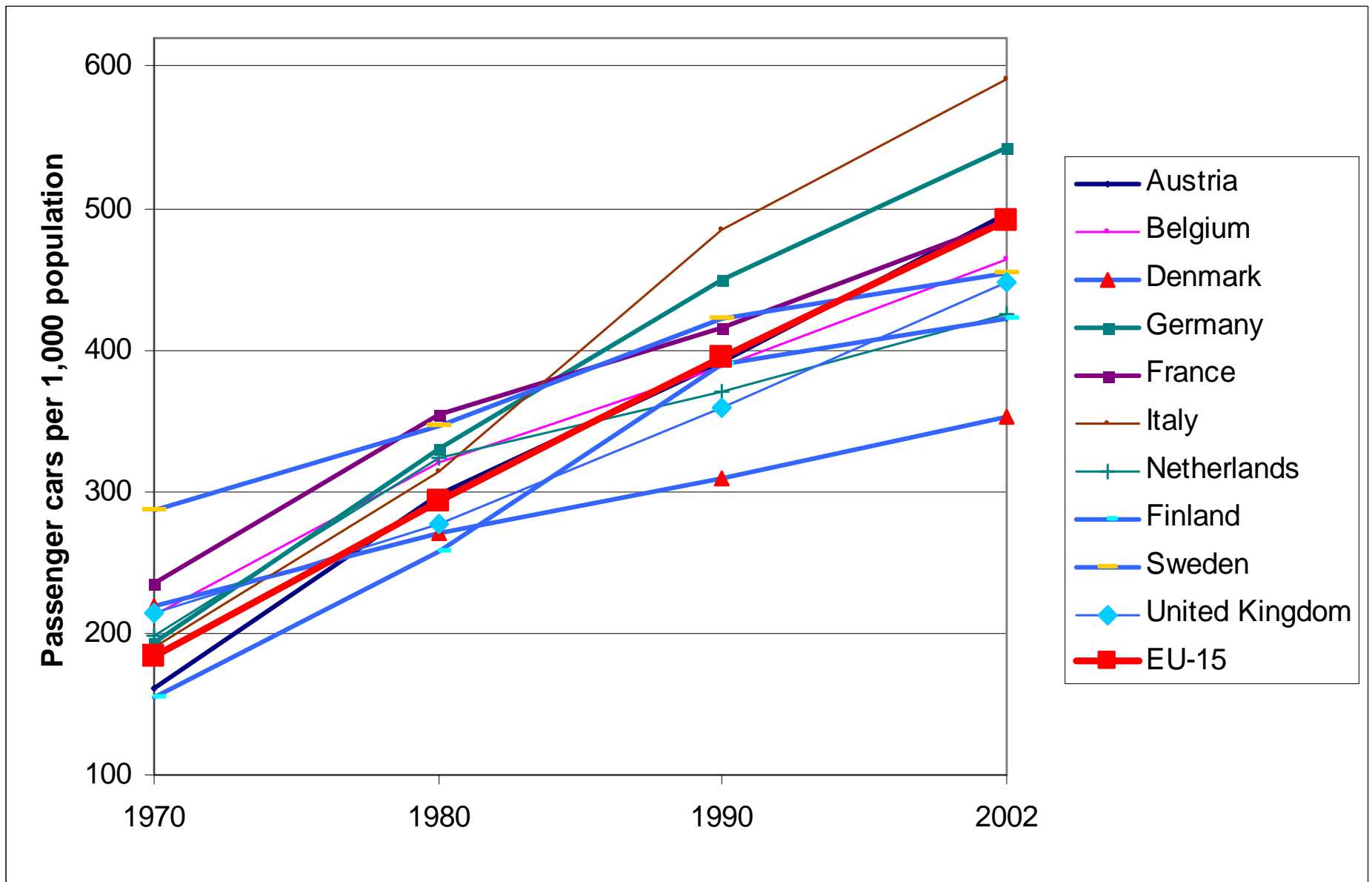
# Worldwide Travel Trends

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- Increasing daily travel distances
- Increasing car ownership and use
- Increased public transport use, but falling mode share
- Less walking almost everywhere
- Low or falling cycling levels except in northern Europe

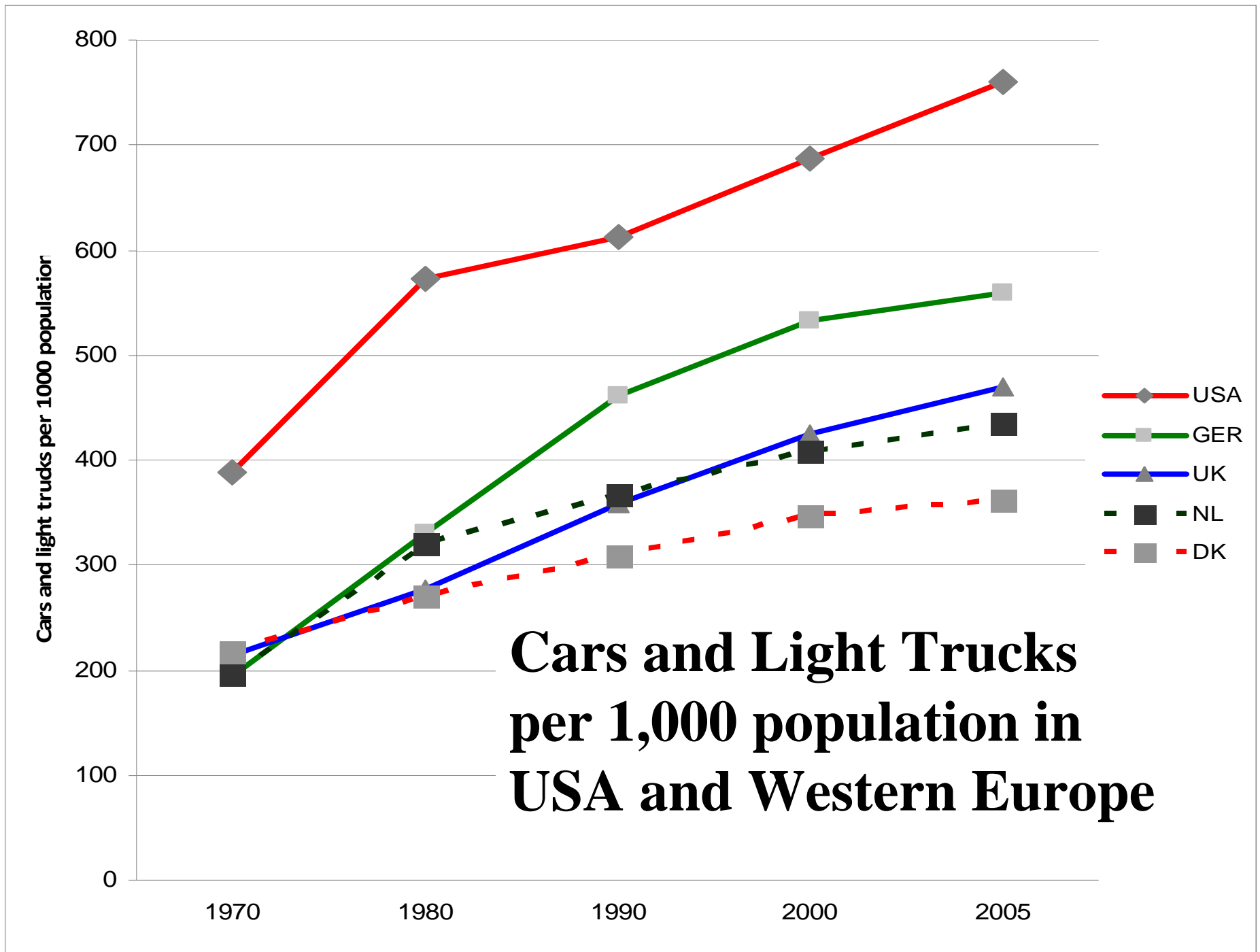
# Growth in Passenger Car Ownership in Europe, 1970-2002

(cars per 1,000 population)

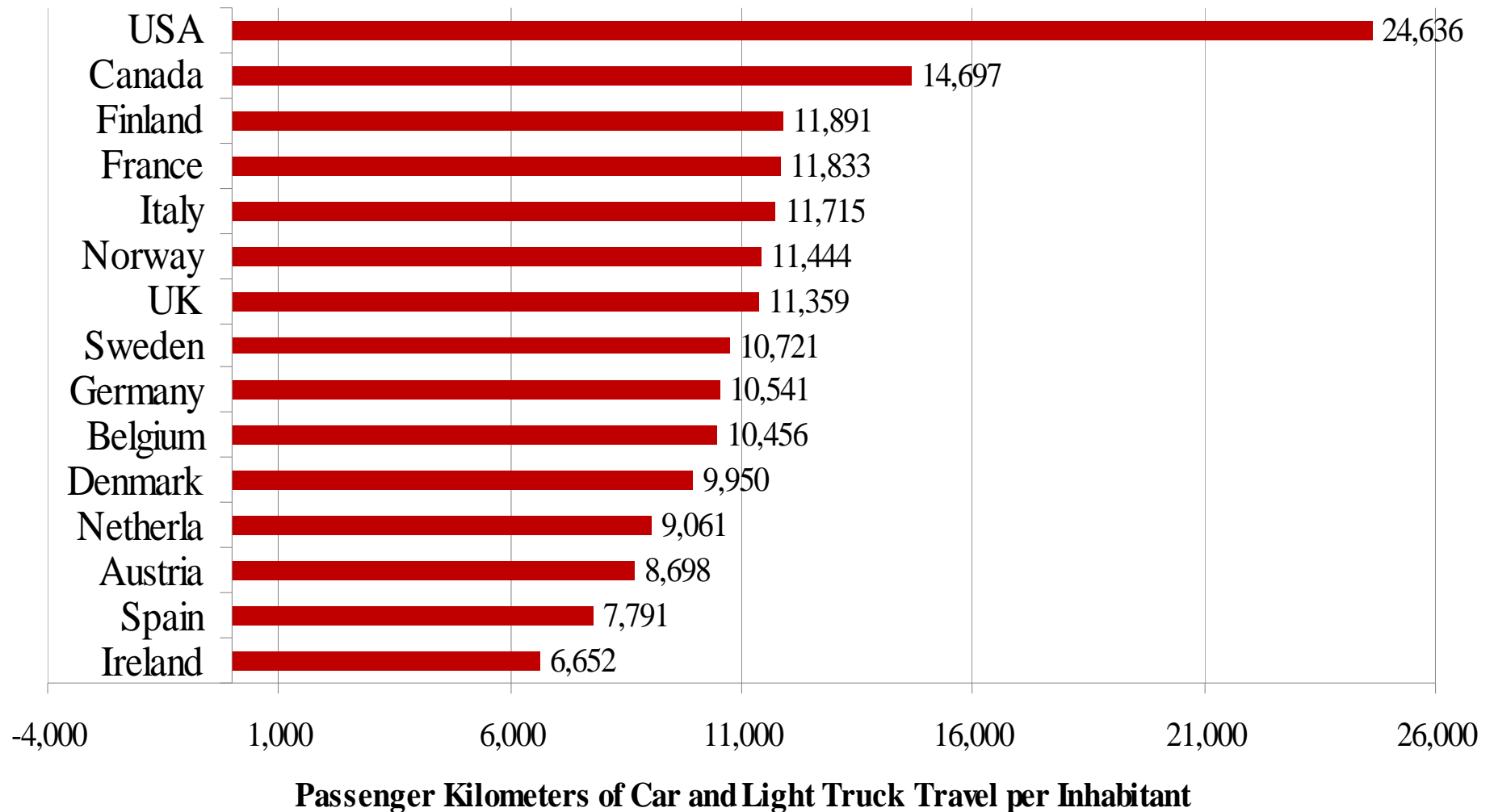


Source: European Commission, Energy and Transport in Figures, 2004

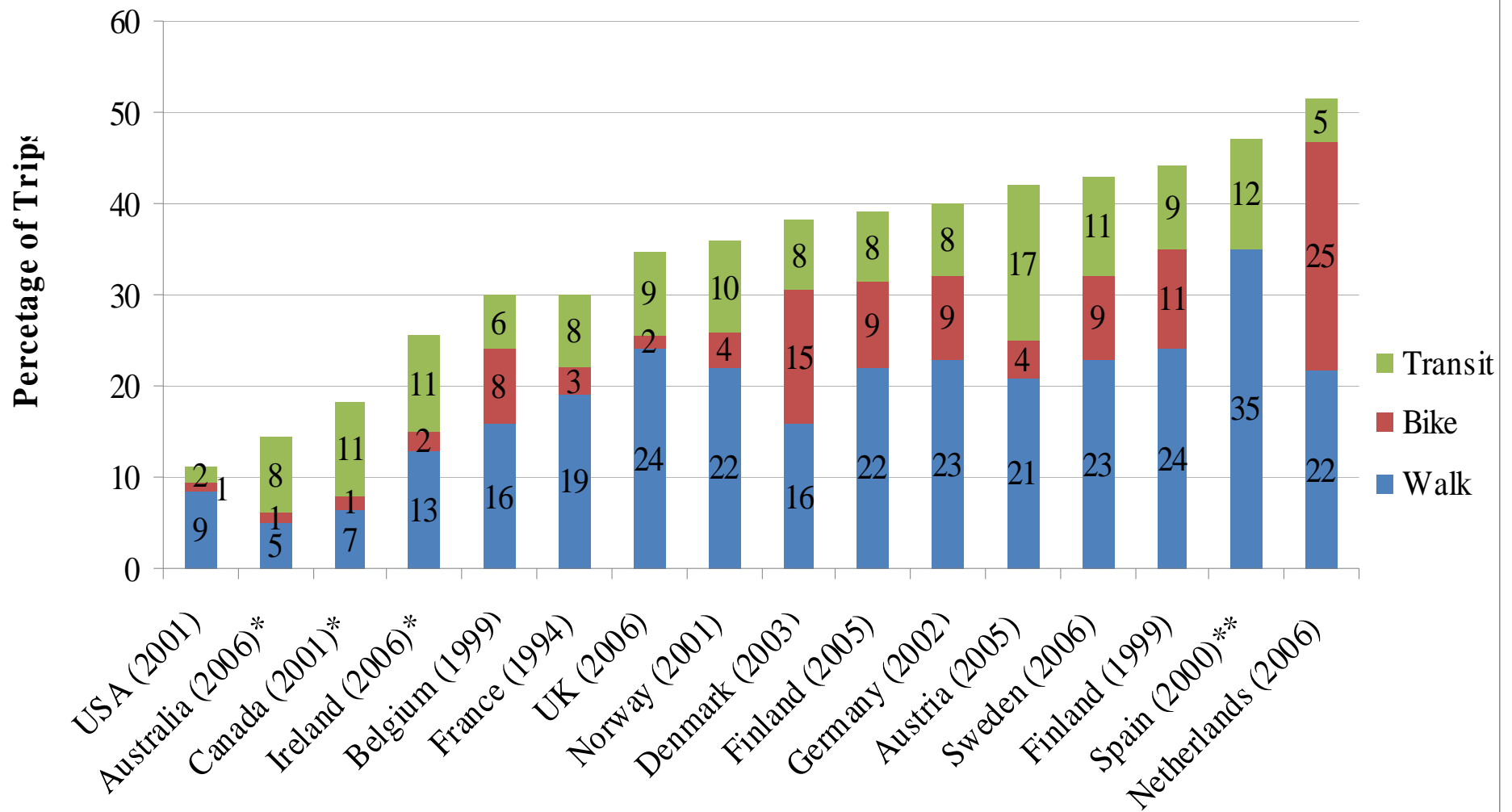
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# Passenger Kilometers of Car and Light Truck Use per Inhabitant in Western Europe and North America, 2006

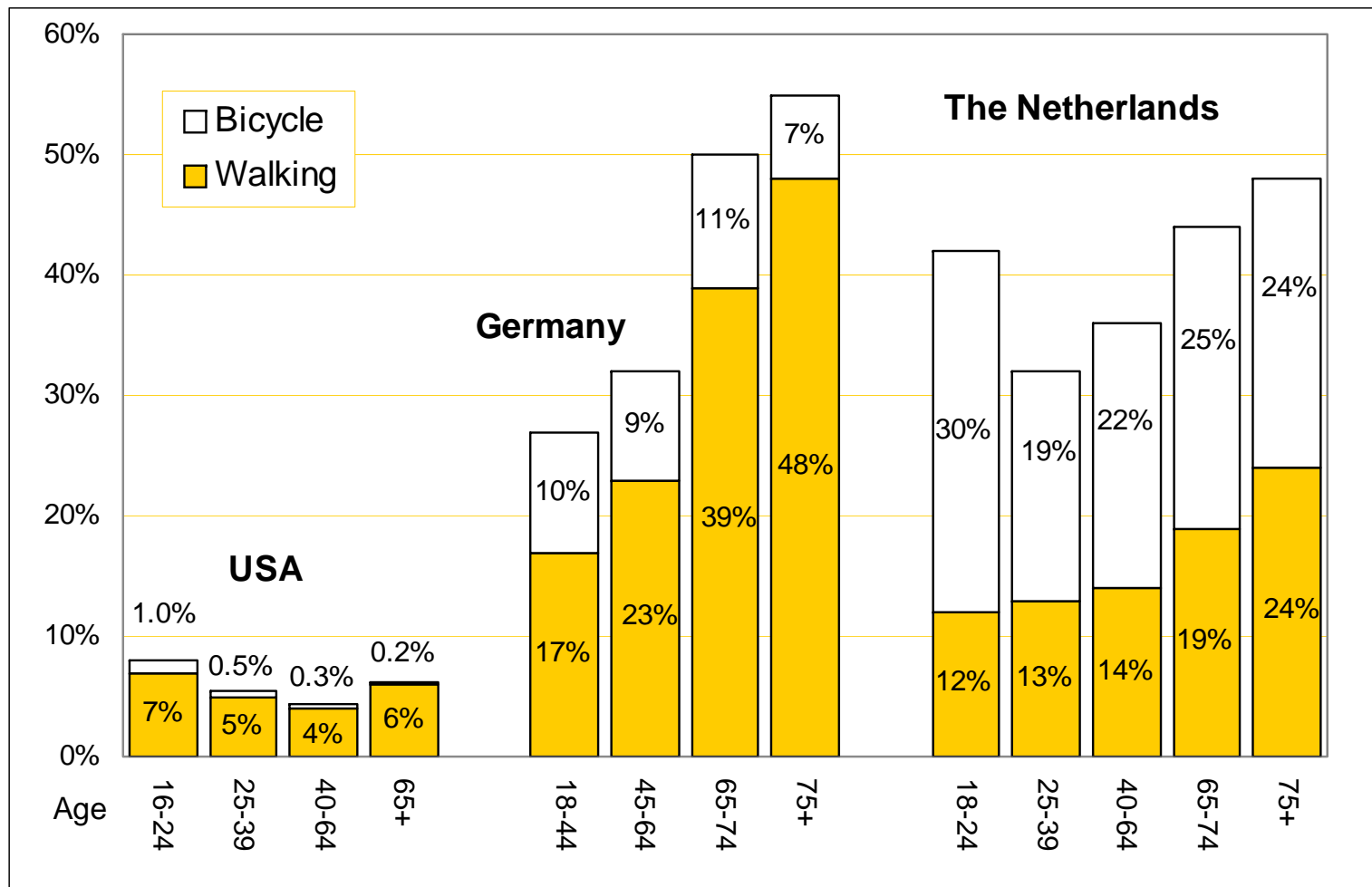


# Percentage of Trips by Public Transport, Bicycle, and Walking in Selected OECD Countries



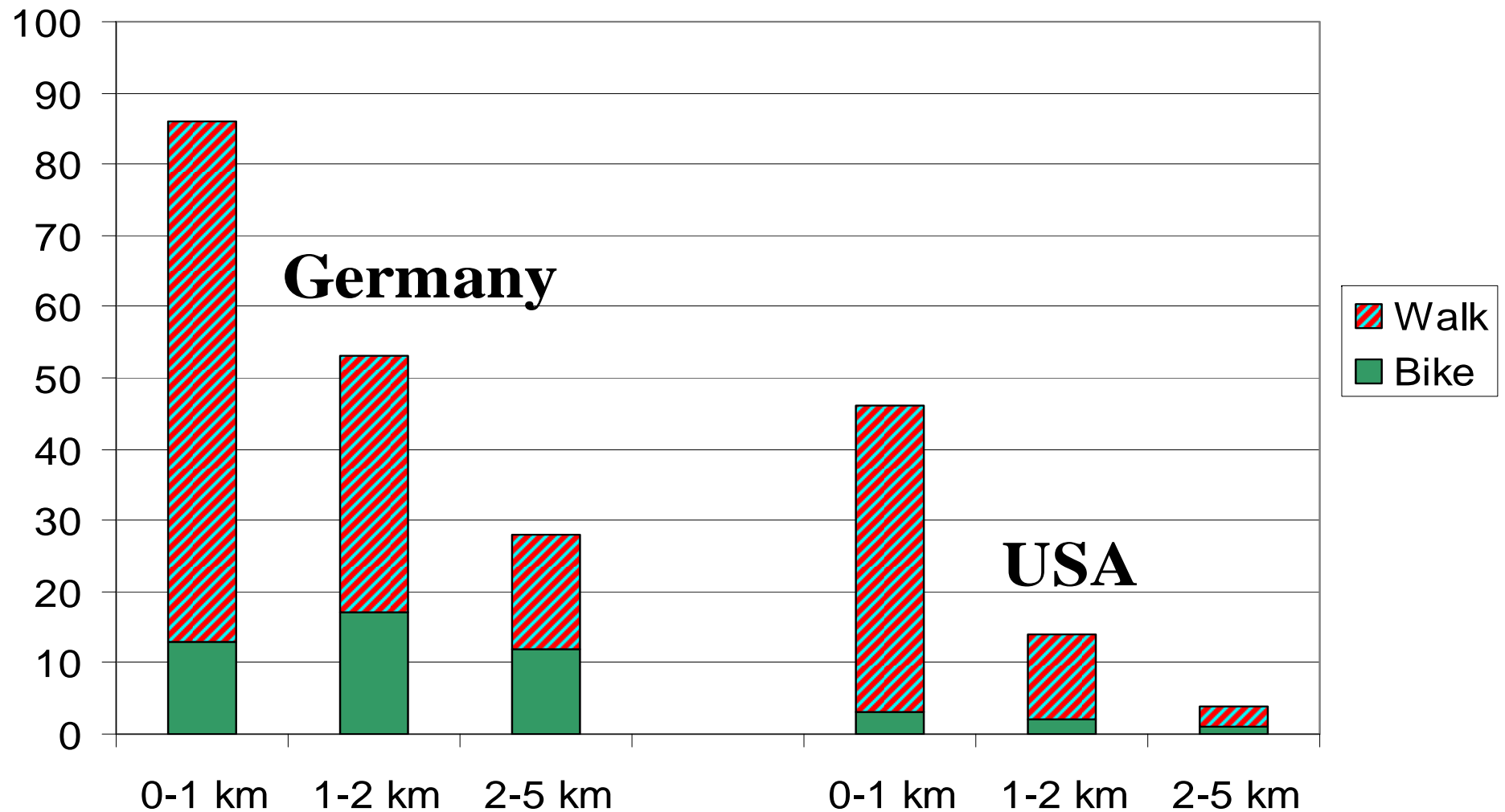
# Walking and Bicycling Shares of Urban Travel by Age Group in the USA, Germany and The Netherlands

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Source: Pucher and Dijkstra, "Promoting Safe Walking and Cycling to Improve Public Health: Lessons from the Netherlands and Germany," *American Journal of Public Health*, September 2003, Vol. 93, No. 9, pp. 1509-1516.

## Percentage of Short Trips Made by Walking and Cycling in Germany (2002) and the USA (2001)



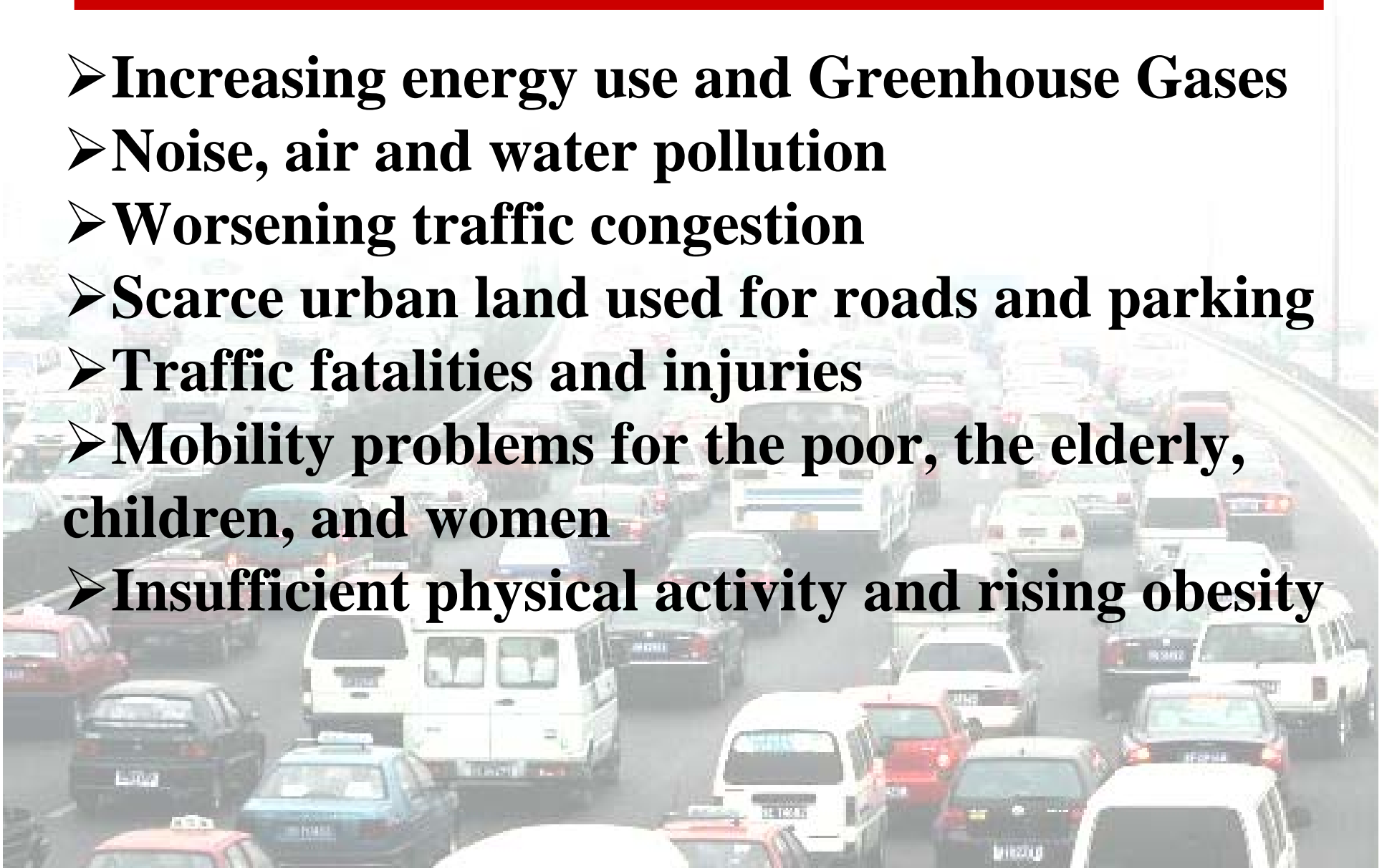
Source: Ralph Buehler, "Travel Behavior in Germany and the USA"



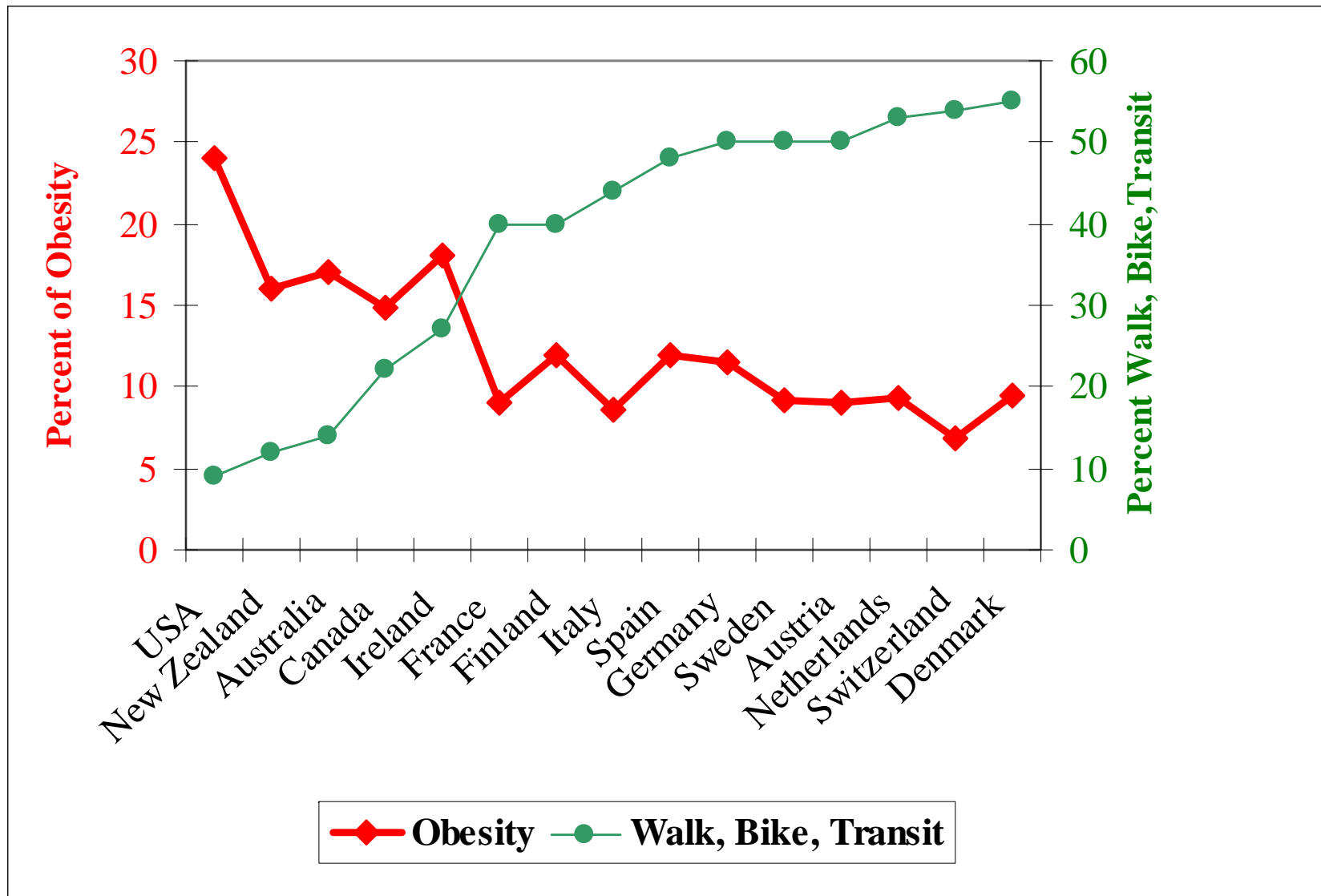
# Consequences of Car Dependence

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- **Increasing energy use and Greenhouse Gases**
- **Noise, air and water pollution**
- **Worsening traffic congestion**
- **Scarce urban land used for roads and parking**
- **Traffic fatalities and injuries**
- **Mobility problems for the poor, the elderly, children, and women**
- **Insufficient physical activity and rising obesity**



# Does auto-dependency make us fat? Obesity falls sharply with increased walking, cycling, and transit use!



**If car-dependence is the problem, then we should improve alternatives to the car:**

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**PUBLIC TRANSPORT  
WALKING                      CYCLING**

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# Walking and Cycling: the MOST sustainable transport modes

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- **MOST environmentally friendly:**
  - > Virtually no pollution at all
  - > Almost no nonrenewable resources used
- **MOST equitable:**
  - > Financially affordable by virtually everyone
  - > Physically possible by all but the severely disabled
- **MOST economical:**
  - > Minimal private and public costs
  - > Although they take more time, they provide exercise that reduces medical costs and greatly extends our healthy life expectancy



Getting around  
Copenhagen on the  
perfect Zero Emissions  
Vehicle: the BIKE!

**Photo: Susan Handy**

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# **Public Policies Crucial to Transit, Walking, and Cycling**

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- **Pro-car policies in European cities in 1950s and 1960s caused huge decline in walking and cycling**
- **Dramatic policy turn-around since 1970s to limit car use and promote cycling, walking, and public transport in Dutch, Danish, and German cities**

# Bridge in Freiburg BEFORE and AFTER reforms



# Typical residential street in Freiburg **BEFORE** and **AFTER** traffic calming reforms



heute





Cathedral Square in  
Freiburg **BEFORE**  
transport and urban  
planning reforms

Foto. Stadt

# Cathedral Square in Freiburg AFTER transport and urban planning reforms



# German Cycling Boom Engineered by Explicit Shifts in Transport Policy in 1970s

City	Time Period	Change in Bicycle Modal Split Share	Percentage Increase in Bicycle Share
Munich	1976 to 1996	6% to 13%	+117%
Nuremberg	1976 to 2001	4% to 9%	+125%
Cologne	1976 to 1998	6% to 12%	+100%
Freiburg	1976 to 1998	12% to 19%	+58%
Stuttgart	1976 to 2000	2% to 6%	+200%
Bremen	1976 to 1997	16% to 21%	+31%
Muenster	1976 to 2001	29% to 35%	+21%
Average for all urban areas in Western Germany	1972 to 2002	8% to 10%	+25%

Sources: Broeg and Erl, *Mobilitaet und Verkehrsmittelwahl*. Muenchen: Socialdata, 2003; Deutsches Institut fuer Wirtschaftswissenschaften, *Mobilitaet in Deutschland*, 2002. Berlin: Bundesministerium fuer Verkehr, 2004.

# **Overview of Coordinated Policies that Encourage Transit Use, Walking, and Cycling in Europe**

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- **Expansion and modernization of public transport systems**
- **Continual improvement of pedestrian and cyclist facilities**
- **Full integration of walk, bike, transit modes**
- **Sharp restrictions on car use in central cities**
- **High cost of car ownership and use**
- **Land-use policies that discourage suburban sprawl**

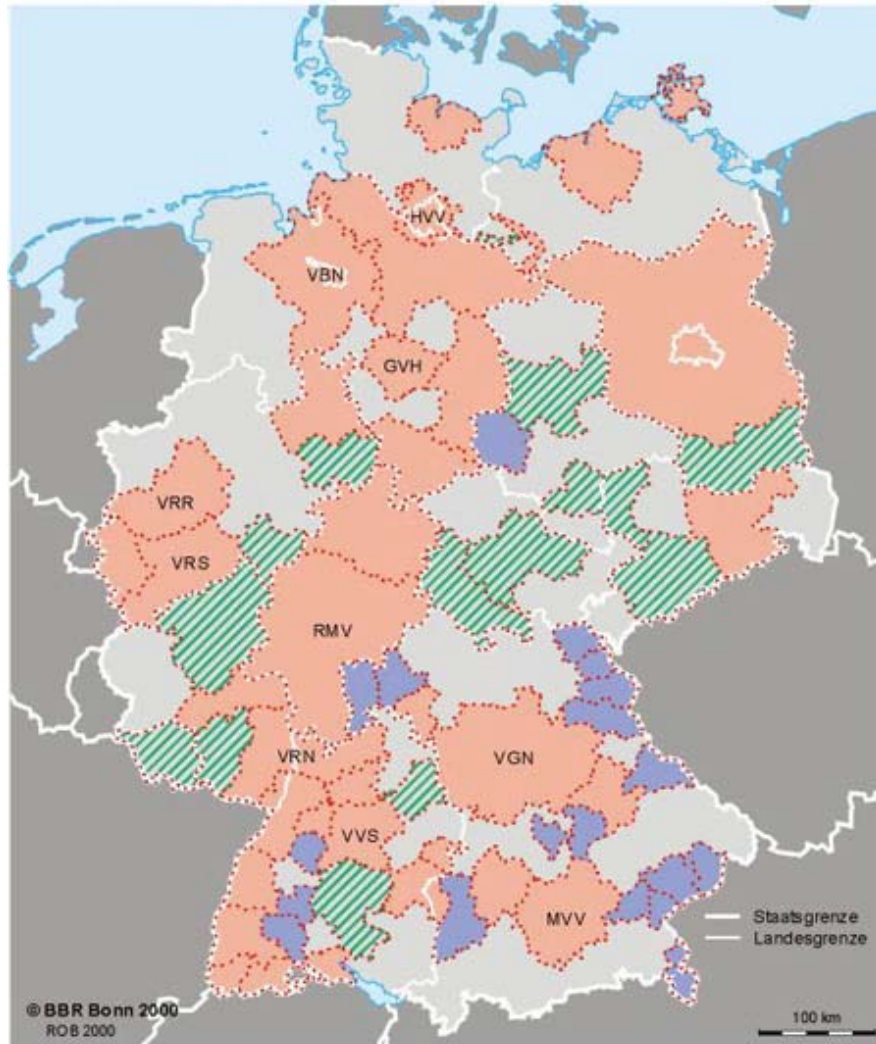
# Expansion and Upgrading of Public Transport Systems

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- **More metro and light rail service**
- **Upgrading of bus services, including some BRT**
- **Modernization of transit vehicles and stations**
- **Reserved bus/tram lanes and signal priority**
- **Coordination of all transit services through a unified regional transit agency (Verkehrsverbund)**
- **Attractive monthly and annual passes**
- **Expanded bike-and-ride and park-and-ride facilities**

# Complete Coordination and Integration of Public Transport in Germany

Verkehrsverbünde



- **Verkehrsverbünde** (regional transit authorities)
- Allocate operating assistance over operators (public and private)
- **Fully integrate** all transit services, all modes, all fares, schedules, routes in entire region

# Quick and easy transfer between suburban rail, long-distance rail, and light rail transit modes in Germany



## Bike and Ride

Radstation: Bike parking facility in Muenster, Germany (3,500 bikes) immediately adjacent to main train station and bus terminal





# Real Time Information at Light Rail Stops in Freiburg

# **Continual Improvement of Pedestrian and Bicyclist Facilities**

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- **Traffic-calmed residential neighborhoods**
- **Massive increase in bikeways, bike lanes, intersection modifications for cyclists, priority signals**
- **Extensive car-free zones, speed reductions, and other restrictions on thru motor vehicle traffic**
- **Improvements in crosswalks, lighting, sidewalks, signals**
- **Vast increase in bike parking, including parking garages, especially at transit stations**
- **Extensive cycling education and training in all primary schools**
- **Full integration of walk/bike facilities with bus and rail transit stops and bike transport on transit vehicles**



**Most  
European  
cities have  
extensive car-  
free districts  
ideal for  
walking and  
cycling**

# Lively, safe, pleasant car-free zone in central Copenhagen





**Typical intersection in Copenhagen, with separate crossings for pedestrians and cyclists**

# **Bike-walk Promenade in Muenster, Germany**

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**This 6 km beltway encircles central city and connects 16 major bike paths radiating outward toward the suburbs and 26 bike paths and lanes leading to Cathedral Square.**

**Note exclusive cycle path in middle and completely separate pedestrian walkways on both sides**

# **GIVE EMPLOYEES FREE BIKES INSTEAD OF FREE PARKING!**

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**The perfect zero  
emissions vehicles!**

Troels Andersen, "Cycling in Odense, Denmark"

# **Sharp Restrictions and High Taxes on Auto Use, Ownership, Licensing**

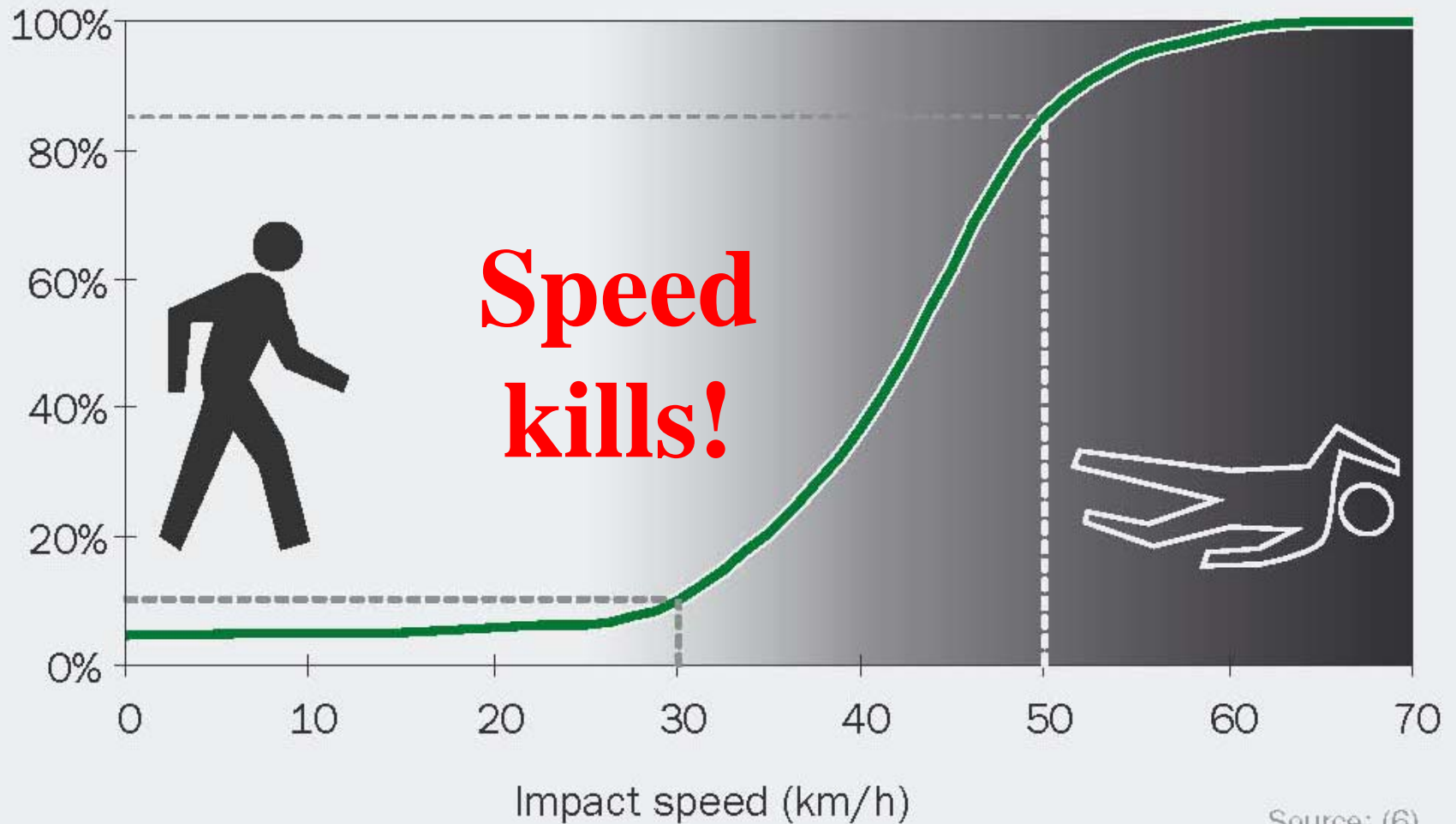
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- **High taxes on petrol and new car purchases**
- **Expensive and limited car parking**
- **High cost and difficulty of obtaining driver's license**
- **Slowdowns in roadway expansion and exclusion of limited-access motorways from city centers**
- **Tempo 30km/hr (or 7km/hr) in residential neighborhoods**
- **Turn restrictions, artificial dead-ends, thru traffic restrictions for cars and trucks**
- **Strict enforcement of traffic regulations favoring pedestrians and cyclists, with motorists usually assumed guilty of any crash, especially with elderly or children**



# Why Traffic Calming Saves Lives

**Figure 1.1** Probability of fatal injury for a pedestrian colliding with a vehicle



Source: World Health Organization (2008) and OECD Transport Research Centre (2006)



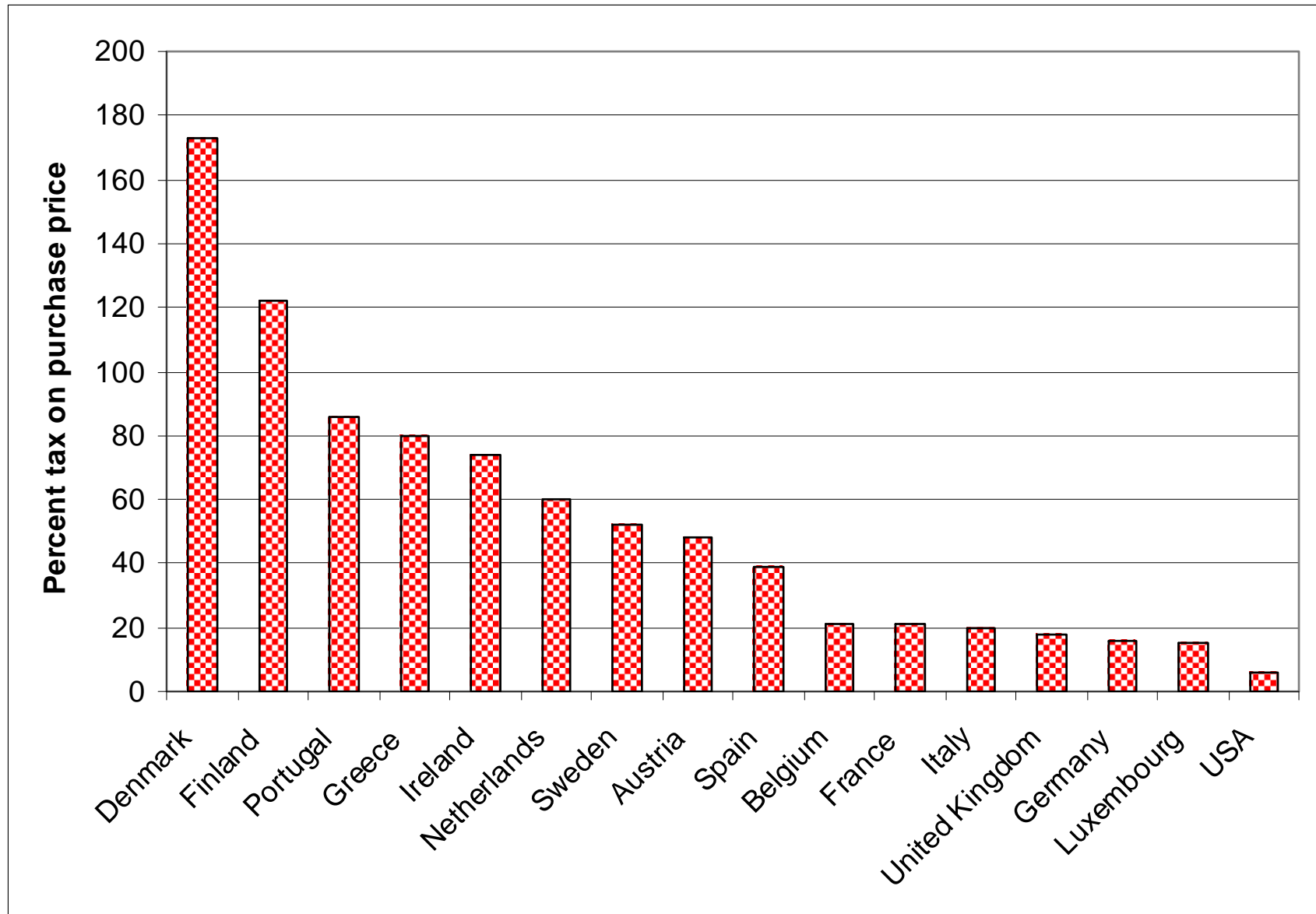
**Many residential neighborhoods in German, Dutch, and Danish cities are traffic calmed**

**Reduced car speeds increase traffic safety and encourage walking and cycling**



# Taxes on New Car Purchases in Europe and the USA

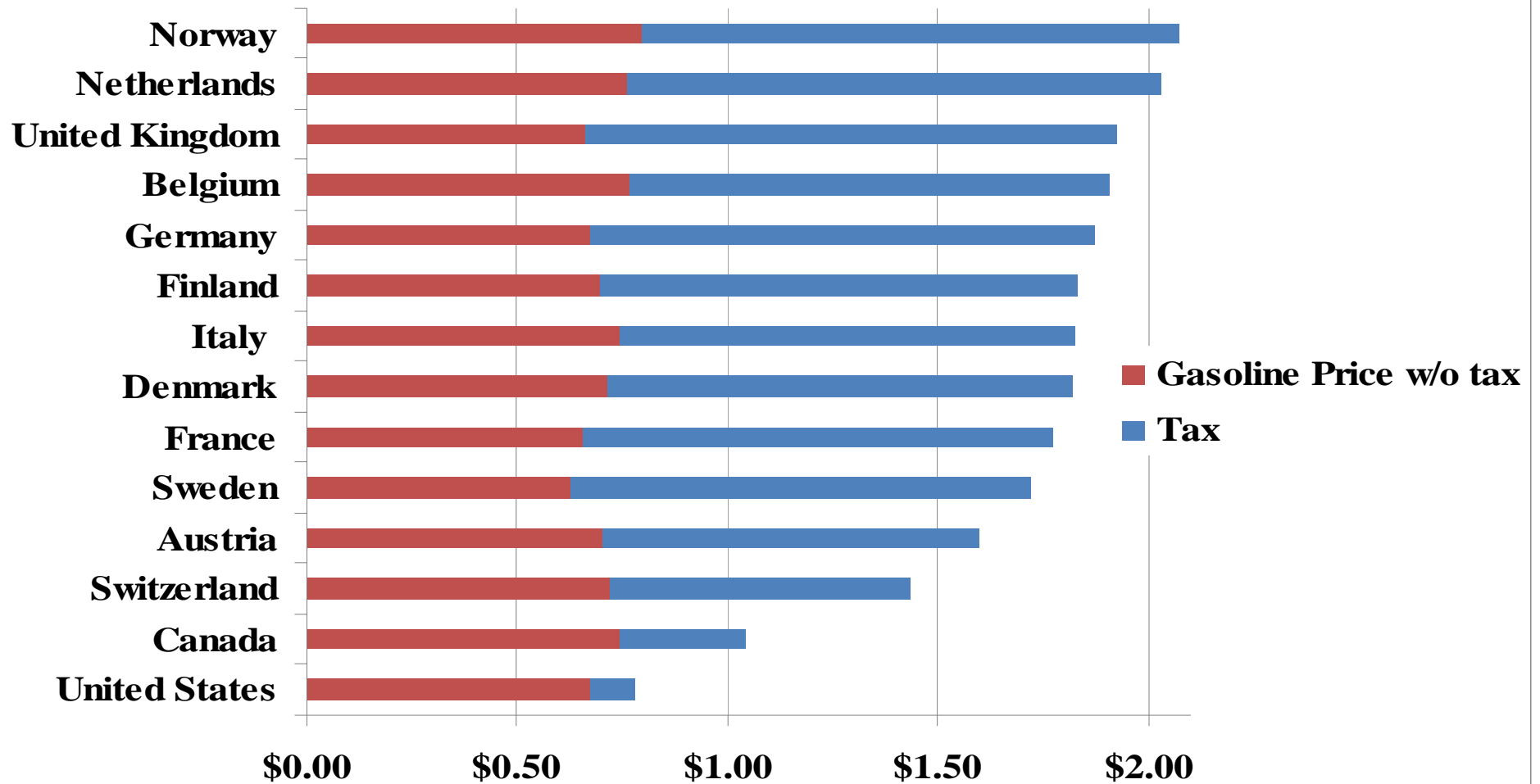
(percent tax on purchase price in 2005, average car)



Source: European Commission, Energy and Transport in Figures, 2006

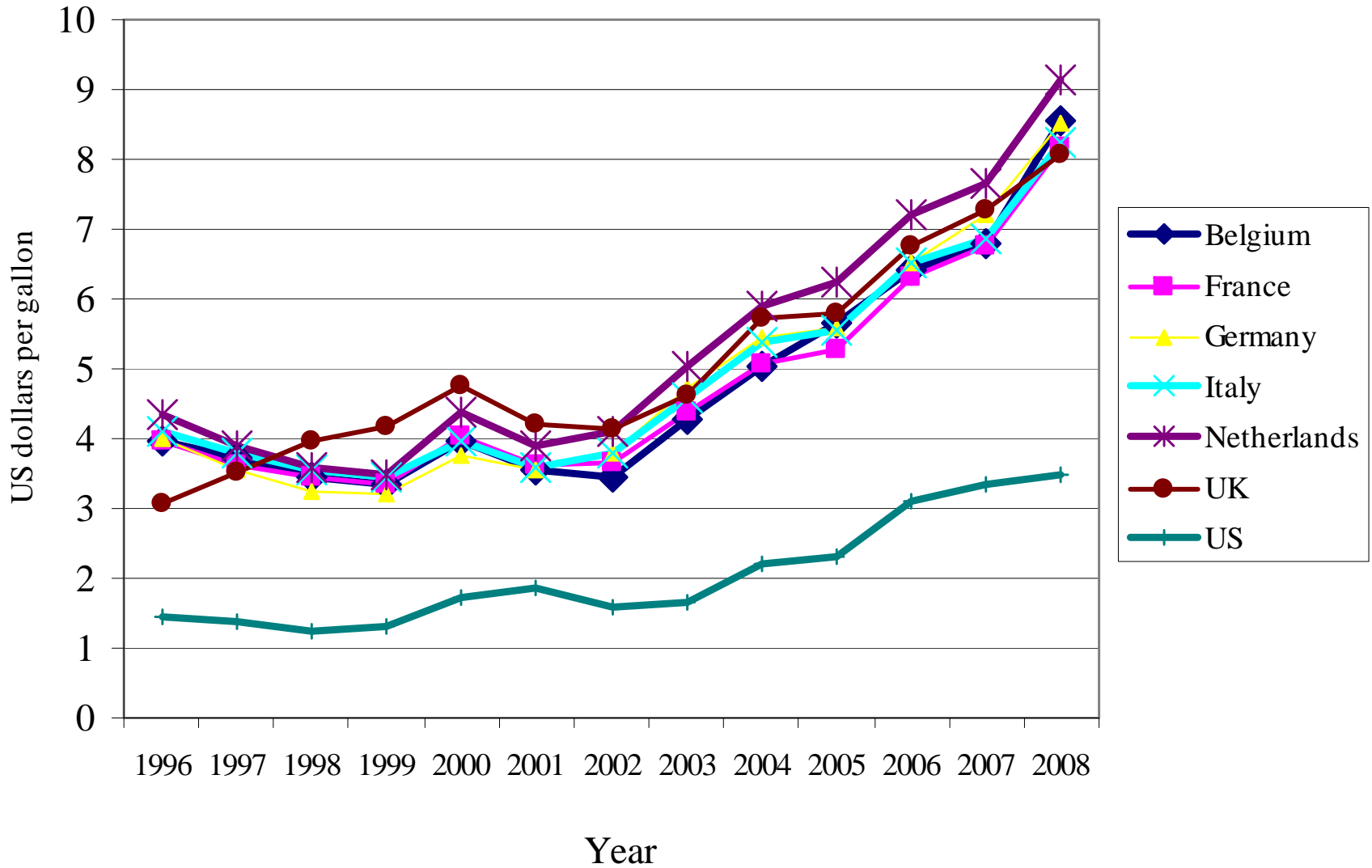
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# Premium Unleaded Gasoline Prices and Share of Taxes in Selected OECD Countries in 2007 (U.S. \$ per Liter)



Source: OECD: Energy Prices and Taxes 4th Quarter 2007.

## Trends in Gasoline Prices in 7 OECD Countries (in US dollars), 1996-2008



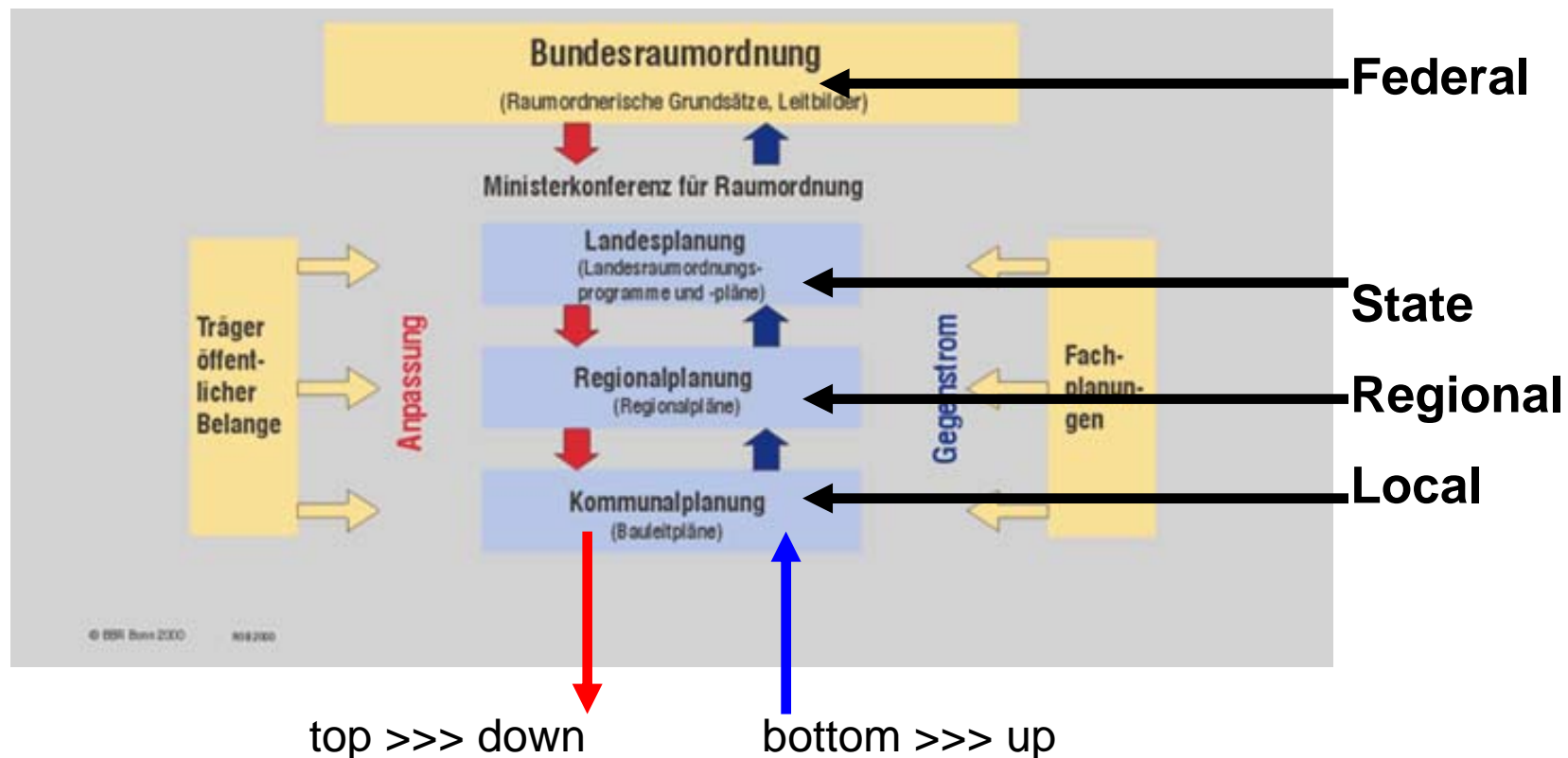
# Land-Use Policies that Discourage Suburban Sprawl

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- **Strict land use zoning** to preserve open space, agricultural areas, forests in immediate proximity to cities
- **Explicit federal, state, regional, and local land use plans that ensure mixed-use, compact development and coordination of land use with transportation**
- **Tax preferences** for land used for agriculture, open space, nature preserves, in addition to strict prohibitions on commercial and residential use of such land
- **Higher price** of legally developable land forces higher development densities in metropolitan areas

# Land Use Planning in Germany

- Top-down, bottom-up coordination of land use planning among all four levels of government in Germany
- Coordination of land use, transportation, and environment at each level



Source: German Federal Office of Construction and Land Use Planning, 2000

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# ***Keys to Success in Europe:***

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- 1) ***Improving all forms of public transport***, fully integrating and coordinating them with each other, and offering attractive fares
- 2) ***Improving cycling and walking conditions*** and integrating them with public transport services, so that these three modes together can provide a feasible alternative to the car
- 3) ***Making car use as resistible as possible*** by imposing high taxes, fees, and other user charges, restricting car use, limiting parking, and making it both difficult and expensive to get a license
- 4) ***Strict land-use policies*** to keep metropolitan areas compact and trip distances short so that public transport, walking, and cycling remain feasible ways to get around



**For any questions or further information, please contact:**

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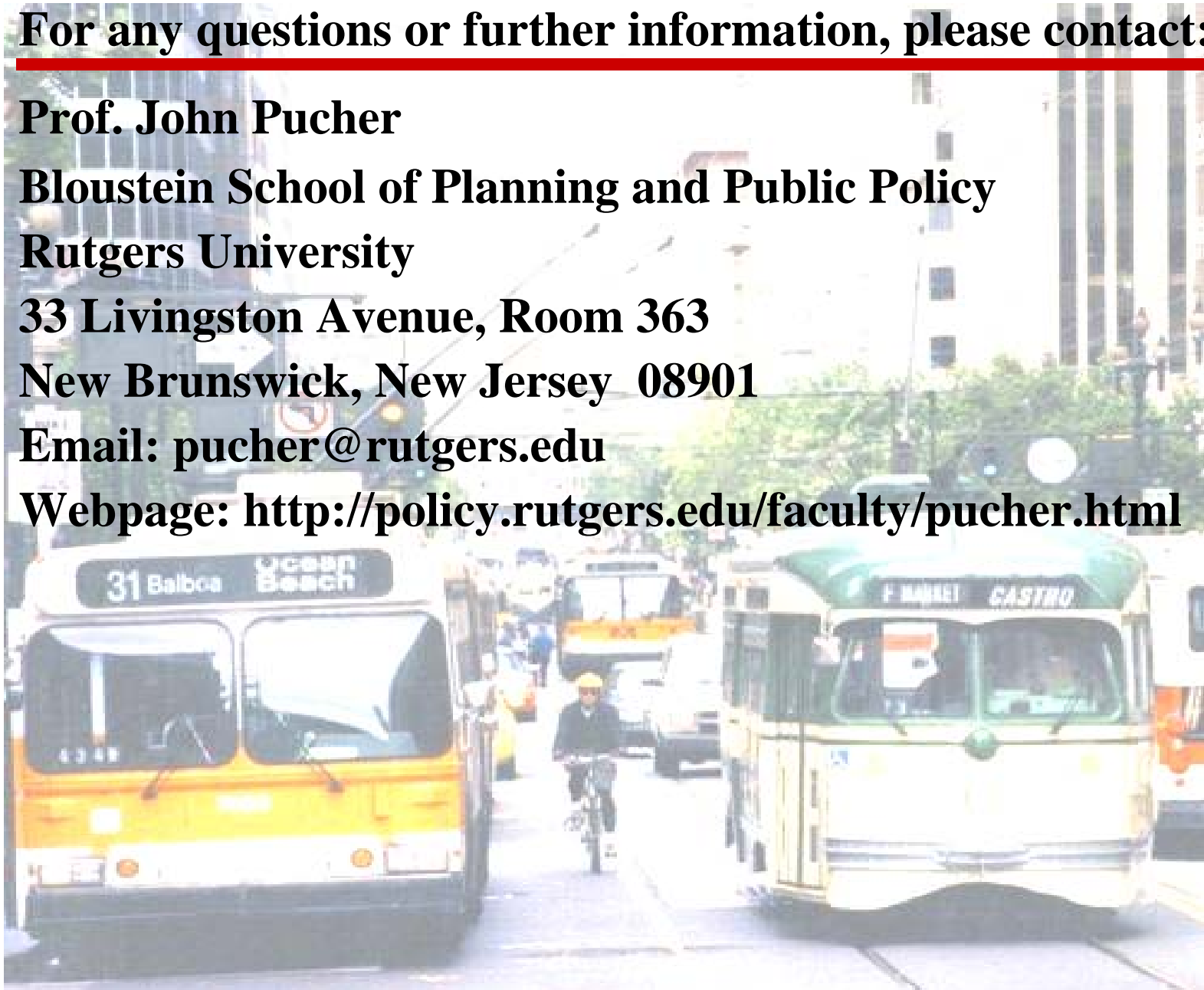
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# **Suggested readings and additional slides on travel trends and problems in Asia, Europe, and North America**

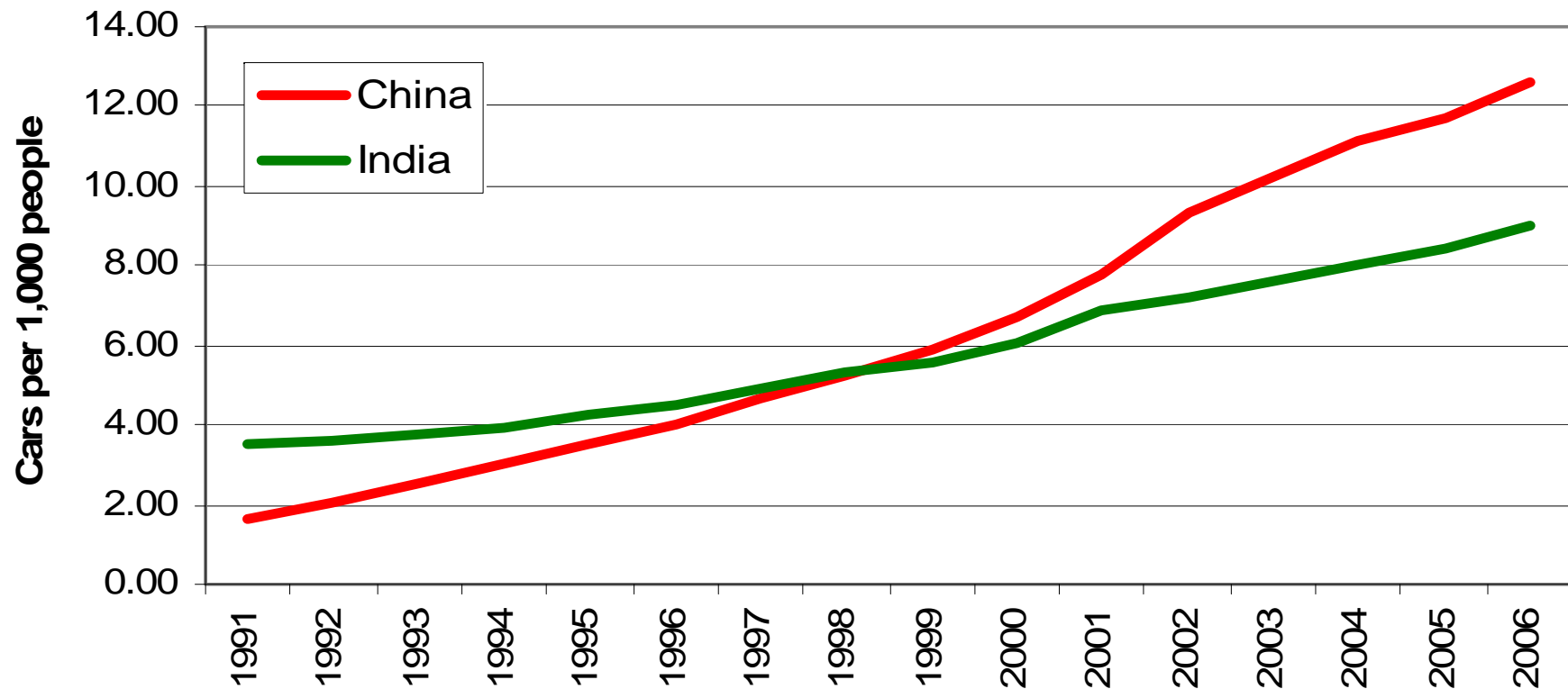
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**For details, please consult these overview articles:**

- Pucher et al, “Urban Transport Trends and Policies in China and India”, *Transport Reviews*, July 2007.
- Pucher and Buehler, “Making Cycling Irresistible: Lessons from the Netherlands, Denmark, and Germany”, *Transport Reviews*, July 2008.
- Pucher, “Urban Transport in Germany: How to Provide Feasible Alternatives to Auto Use,” *Transport Reviews*, July 1998.

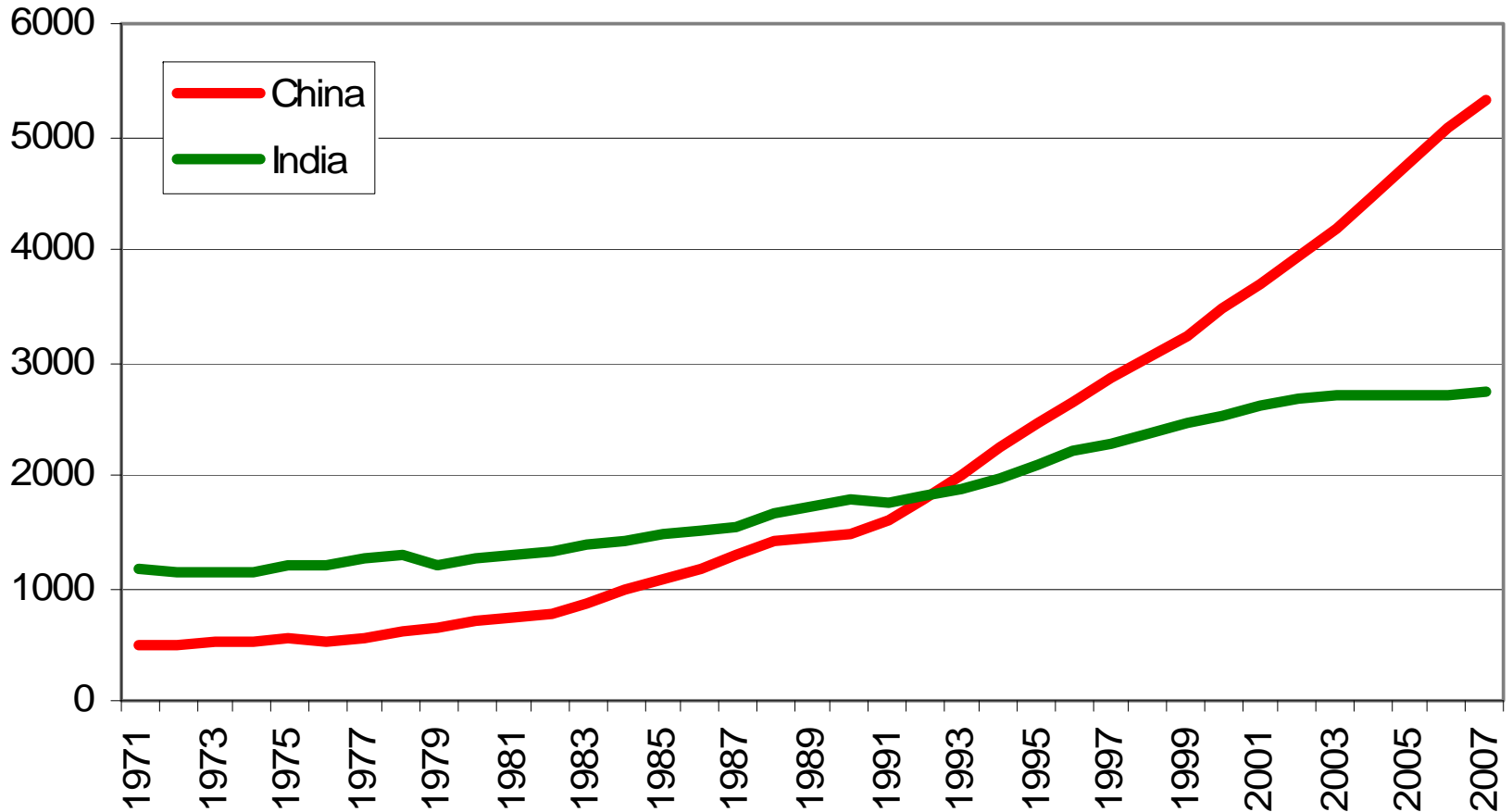
## **Additional slides follow**

# Passenger Cars per 1,000 People in China and India, (1991-2006)



**Source:** National Bureau of Statistics of China, Year Book of China 2008; Indian Ministry of Road Transport and Highways (2008)

# Per Capita Income Trends in China and India (1972 – 2007)

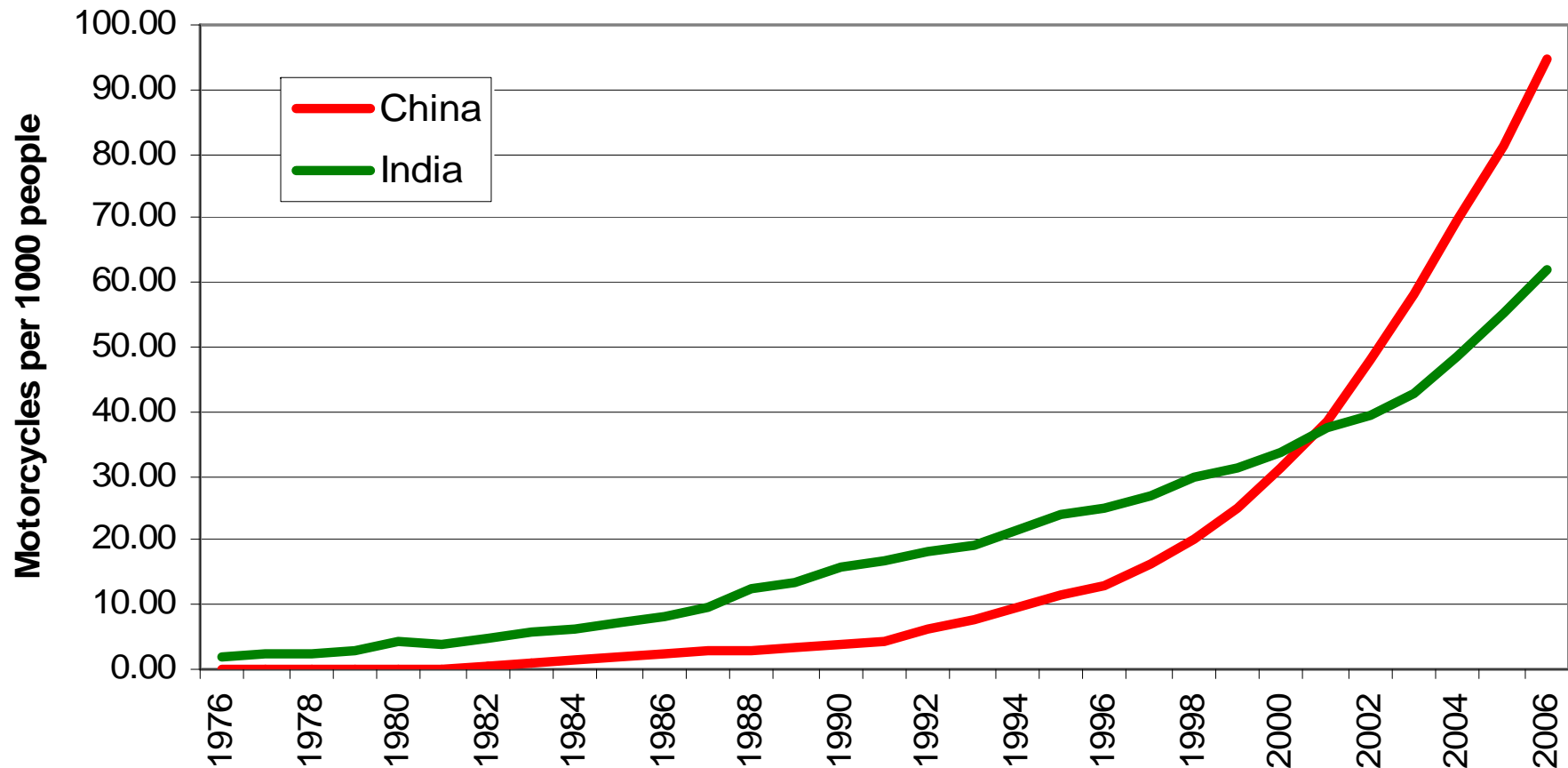


**Source:** Organization for Economic Cooperation and Development (OECD)

**Note:** Per Capita Incomes for both China and India are expressed here in constant, inflation-adjusted 1996 US dollars, using purchasing power parity for currency conversion

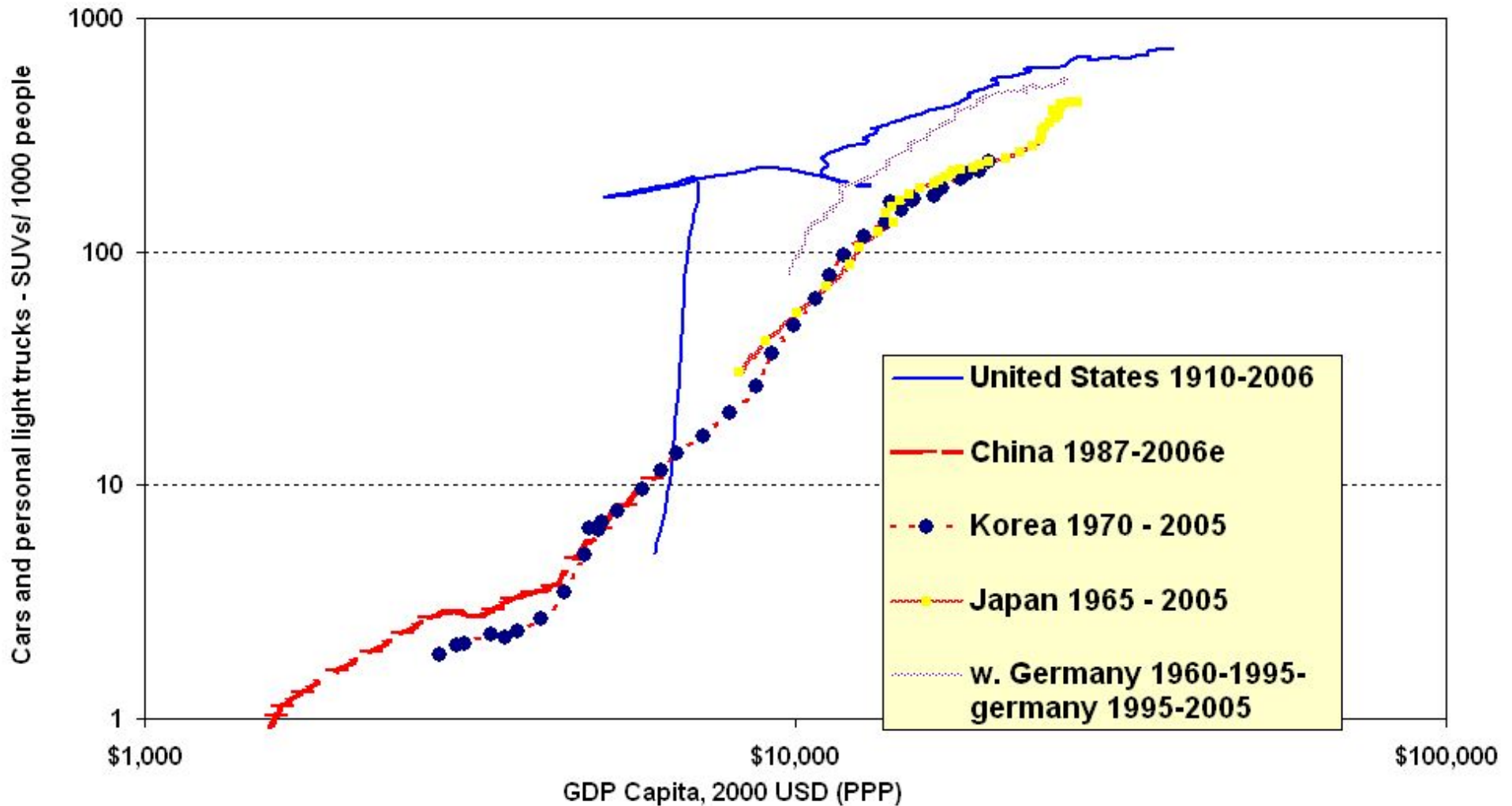
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# Motorcycles per 1,000 People in China & India (1976 – 2006)



**Source:** National Bureau of Statistics of China, Year Book of China 2008; Indian Ministry of Road Transport and Highways (2008)

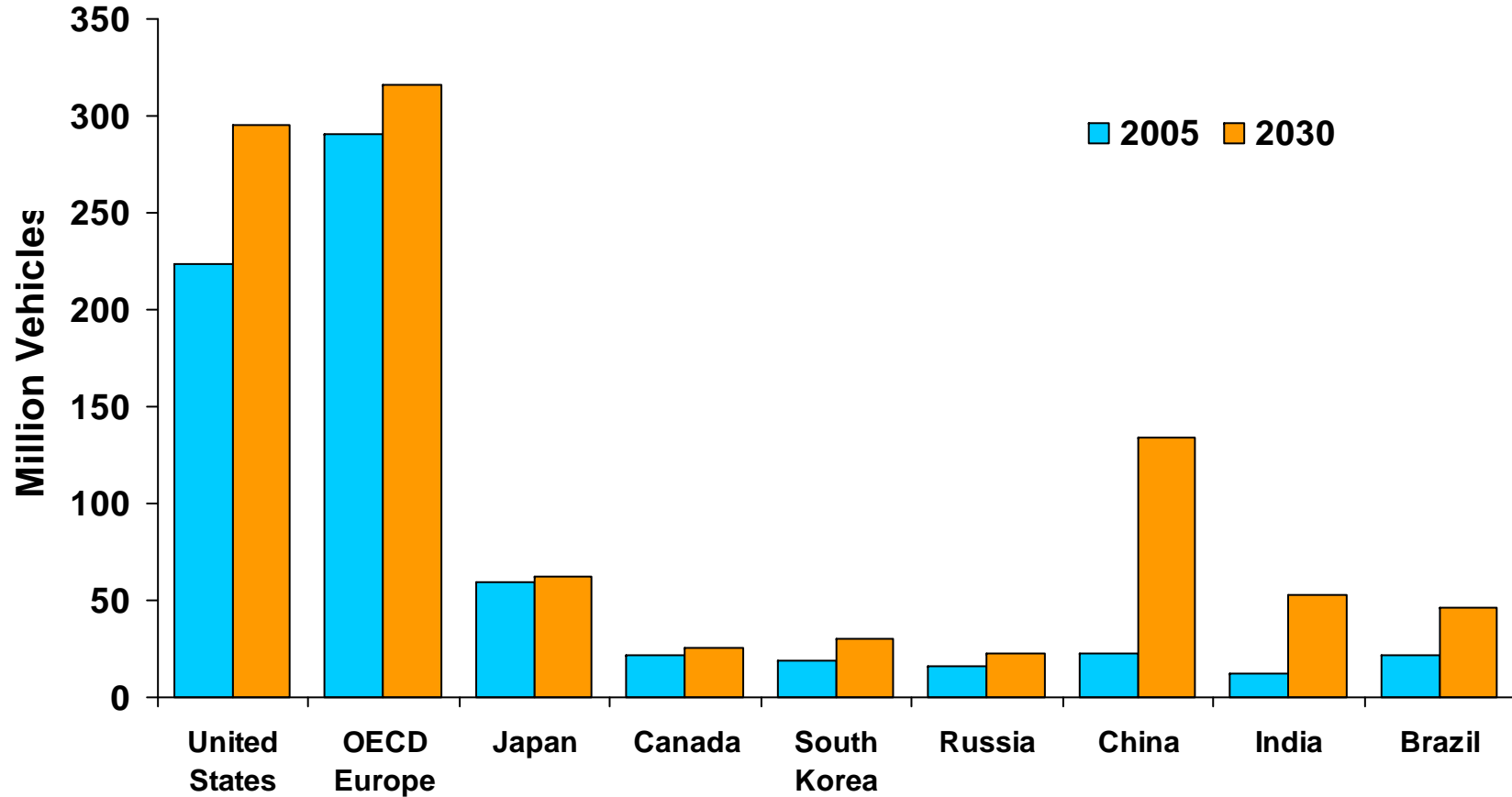
# Car Ownership and Economic Growth: Is China just following the trend?



Source: Lee Schipper and Embarq, World Resources Institute (2008)

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# Motor Vehicle Ownership by Selected Region



Source: EIA, IEO2008

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*Roadway congestion and air pollution are increasingly serious problems in large Chinese cities (Beijing shown here)*

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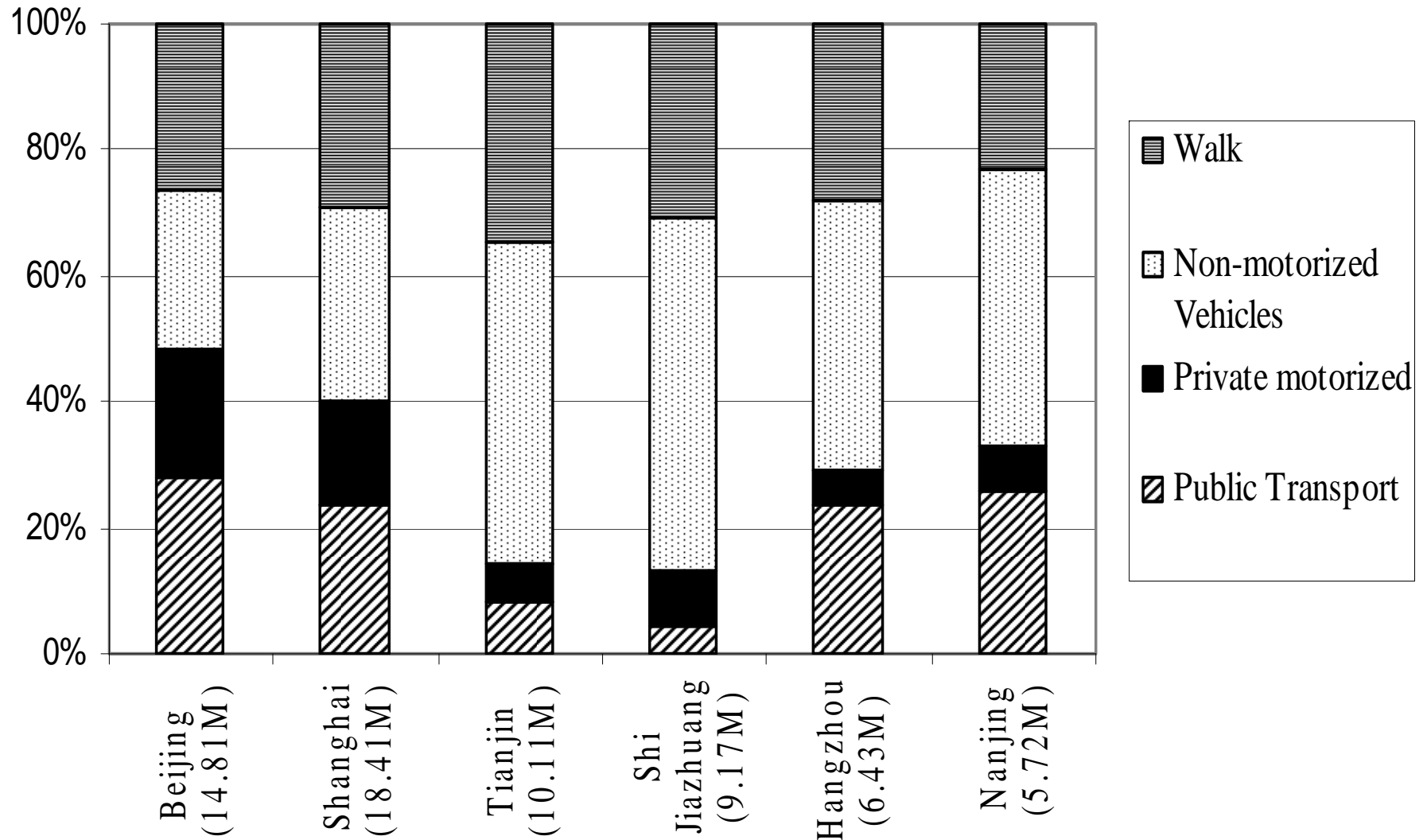




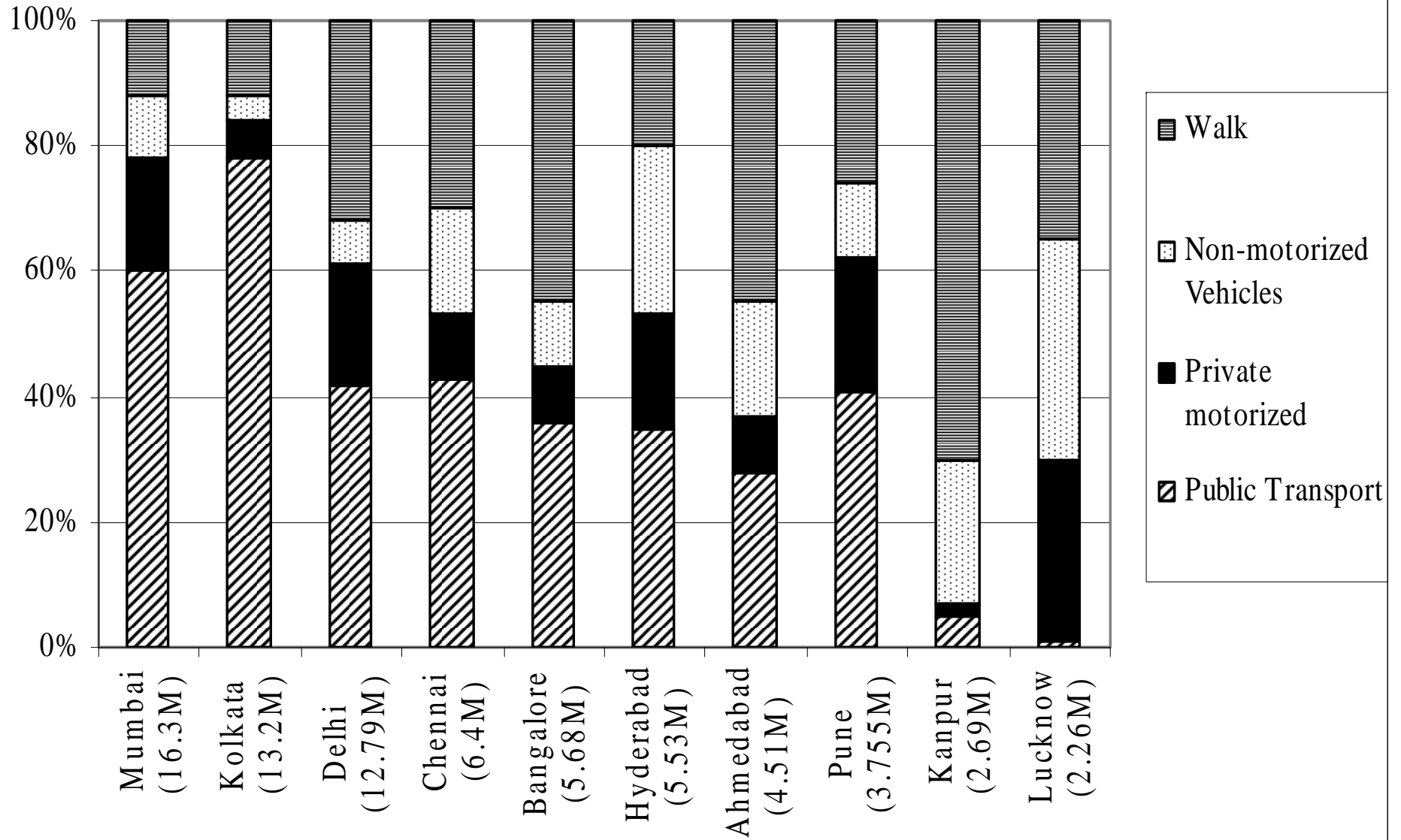
## **Peak hour traffic congestion in Delhi**

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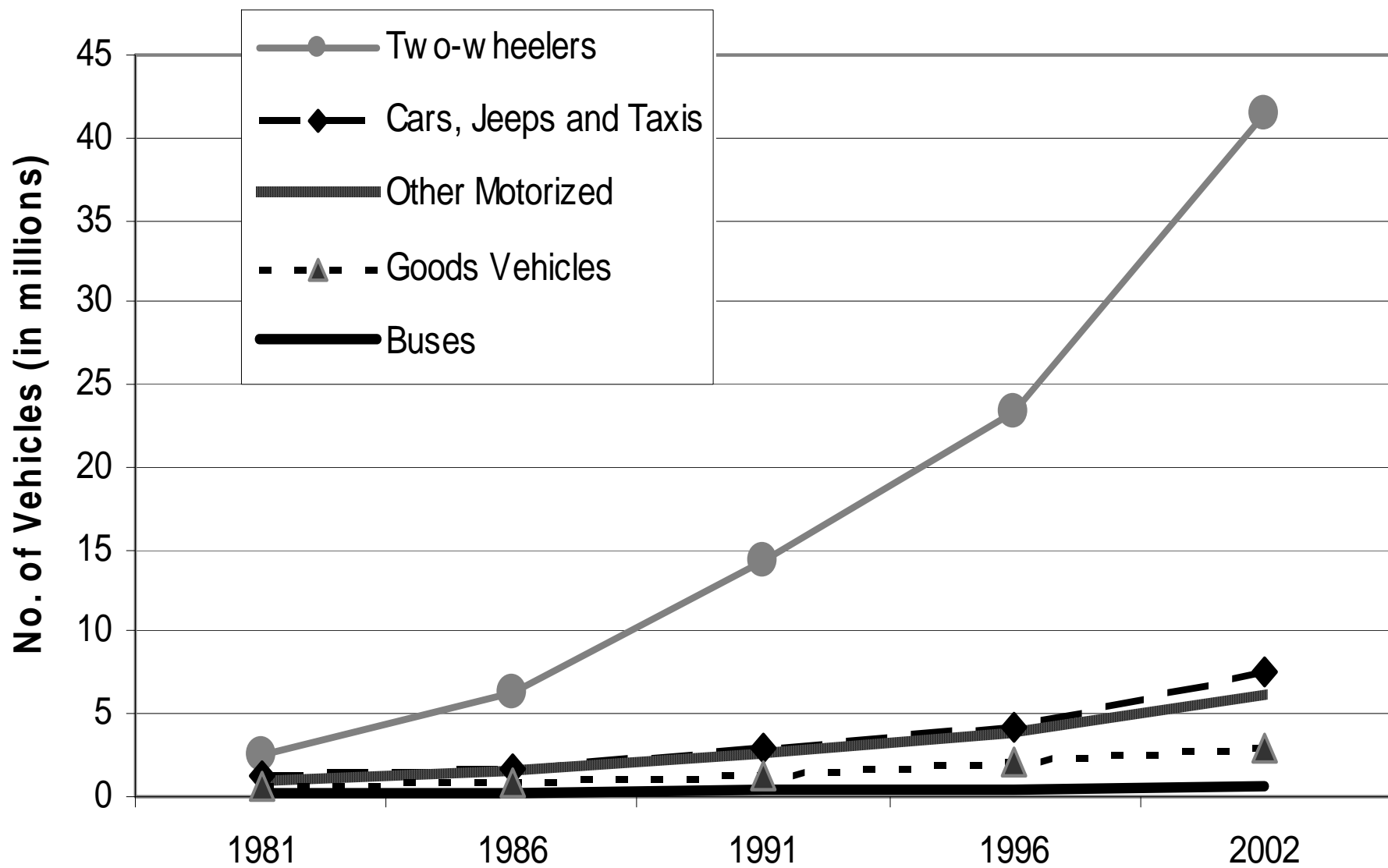
## Percent Distribution of Urban Trips by Means of Travel for Selected Chinese Cities, 2000



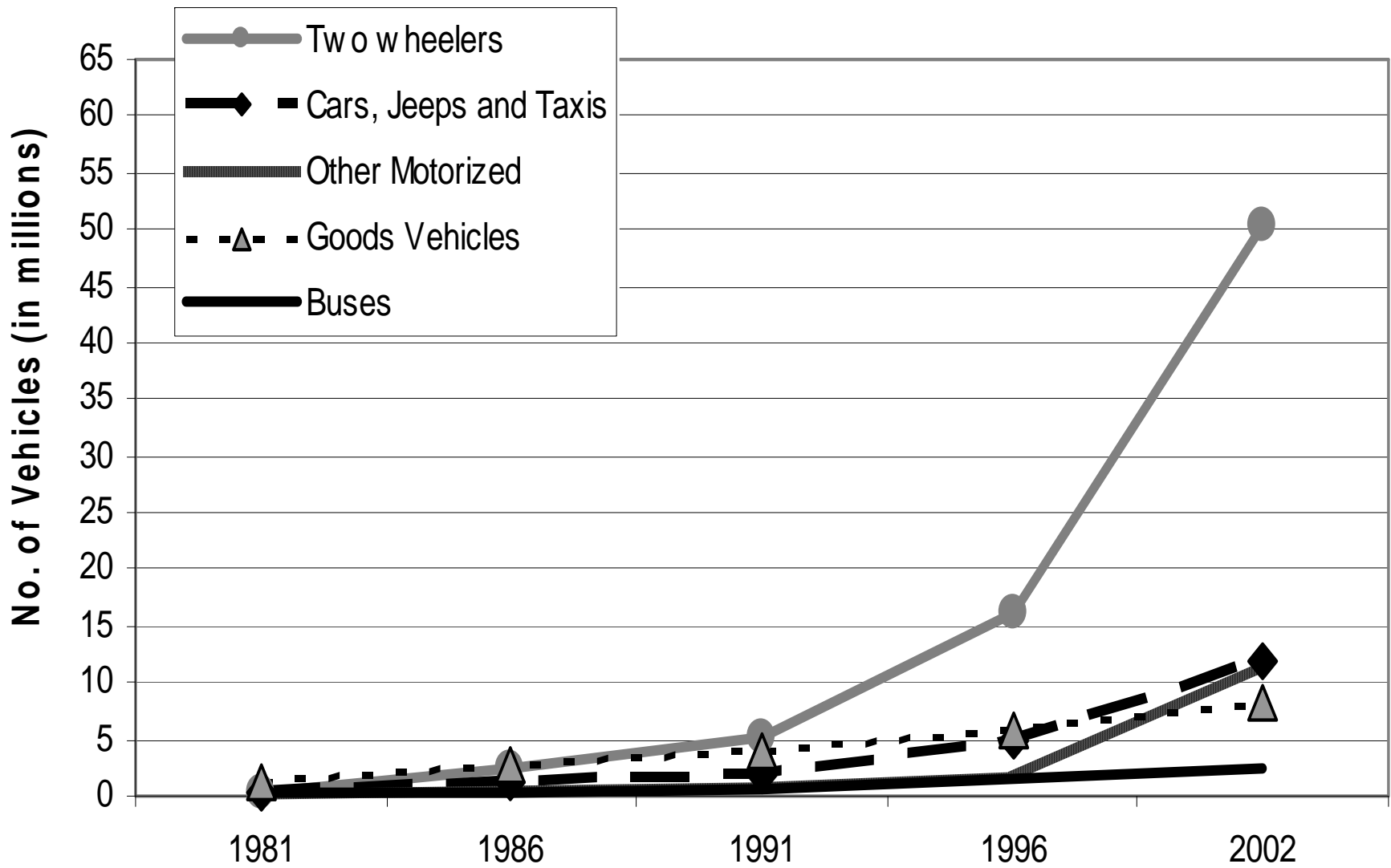
## Percent Distribution of Urban Trips by Means of Travel for Selected Indian Cities, 2002



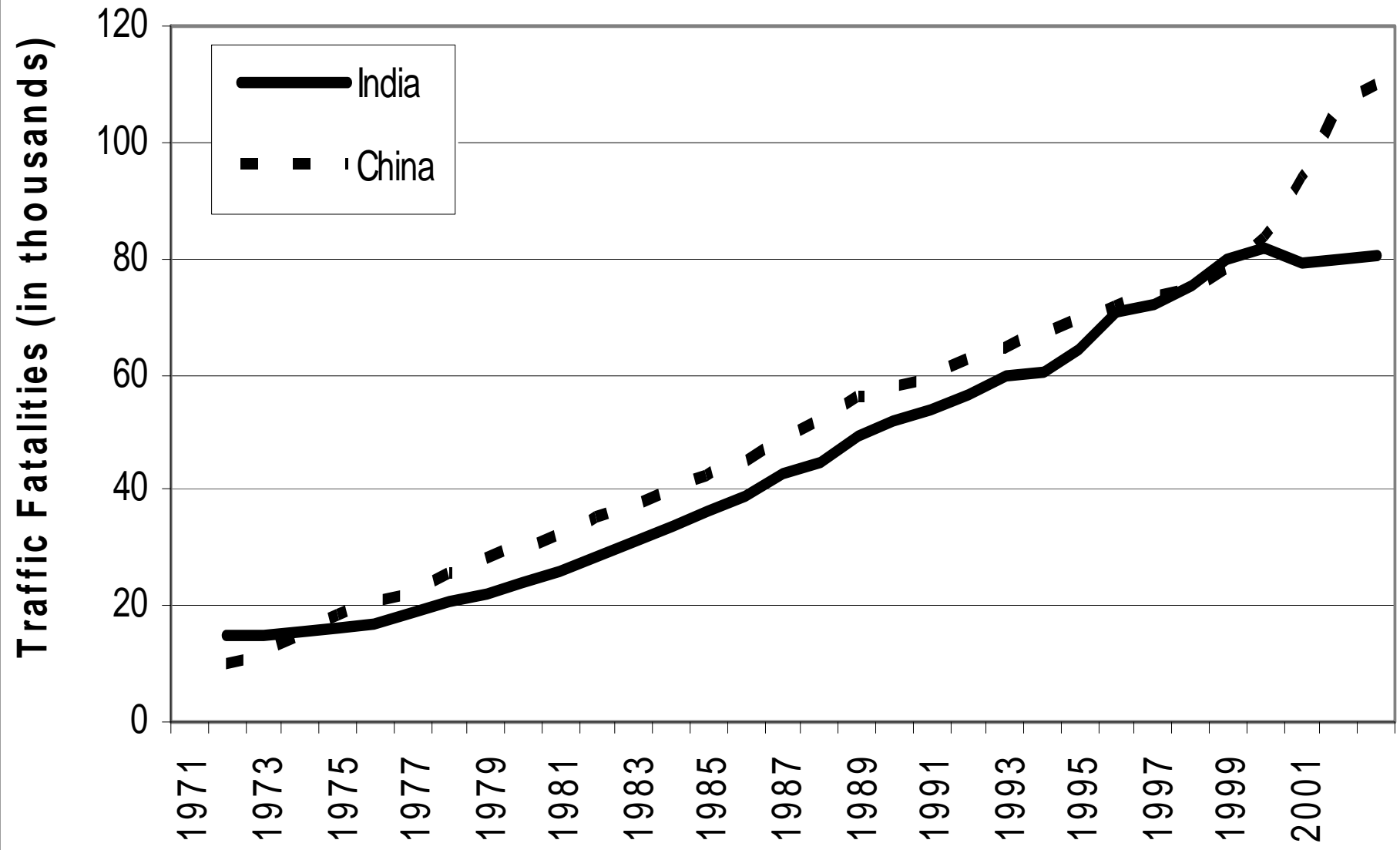
## Growth of India's Motor Vehicle Fleet by Type of Vehicle (1981 - 2002)



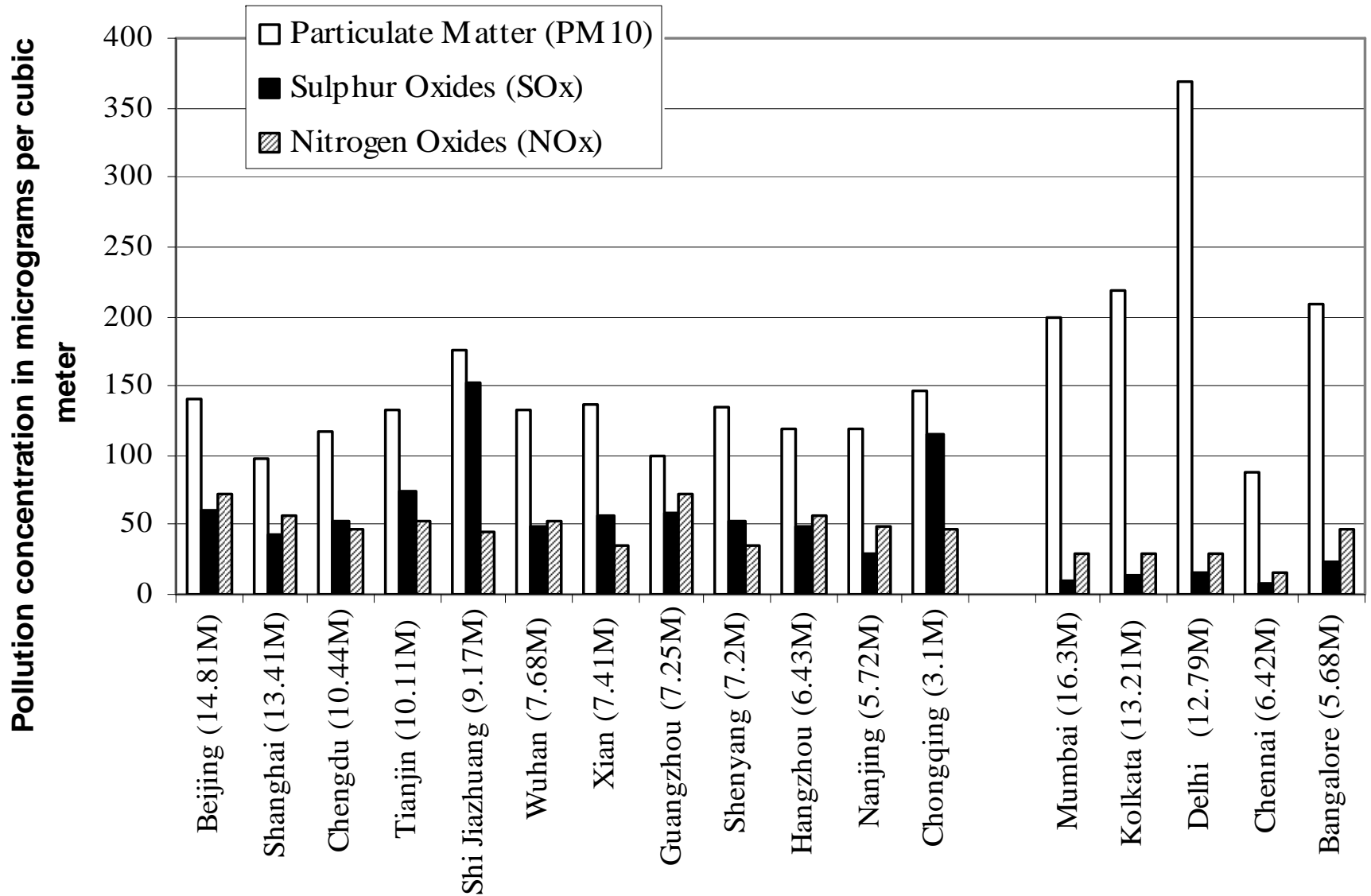
## Growth of China's Motor Vehicle Fleet by Type of Vehicle (1981-2002)



# Traffic Fatalities in India and China (1972-2002)



## Air Pollution in Chinese and Indian Cities



**Chinese Cities (2003)**

**Indian Cities (2000)**



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## Traffic Congestion in Beijing





## *Severe roadway congestion in large Indian cities*

- Traffic levels exceed road capacity
- Rapid growth in motorized vehicles
- Very mixed traffic on roads

**Improvements in infrastructure have not kept up with sharply rising demand**



- Rickshaw operation: uncontrolled & poor
- Road space: minimum for bus
- Reduce bus speed and increase cost

## Congestion in Dhaka, Bangladesh





Congestion worsened  
by mixing of  
motorized and non-  
motorized modes